

ANATOMY OF TRADITIONAL TOBACCO

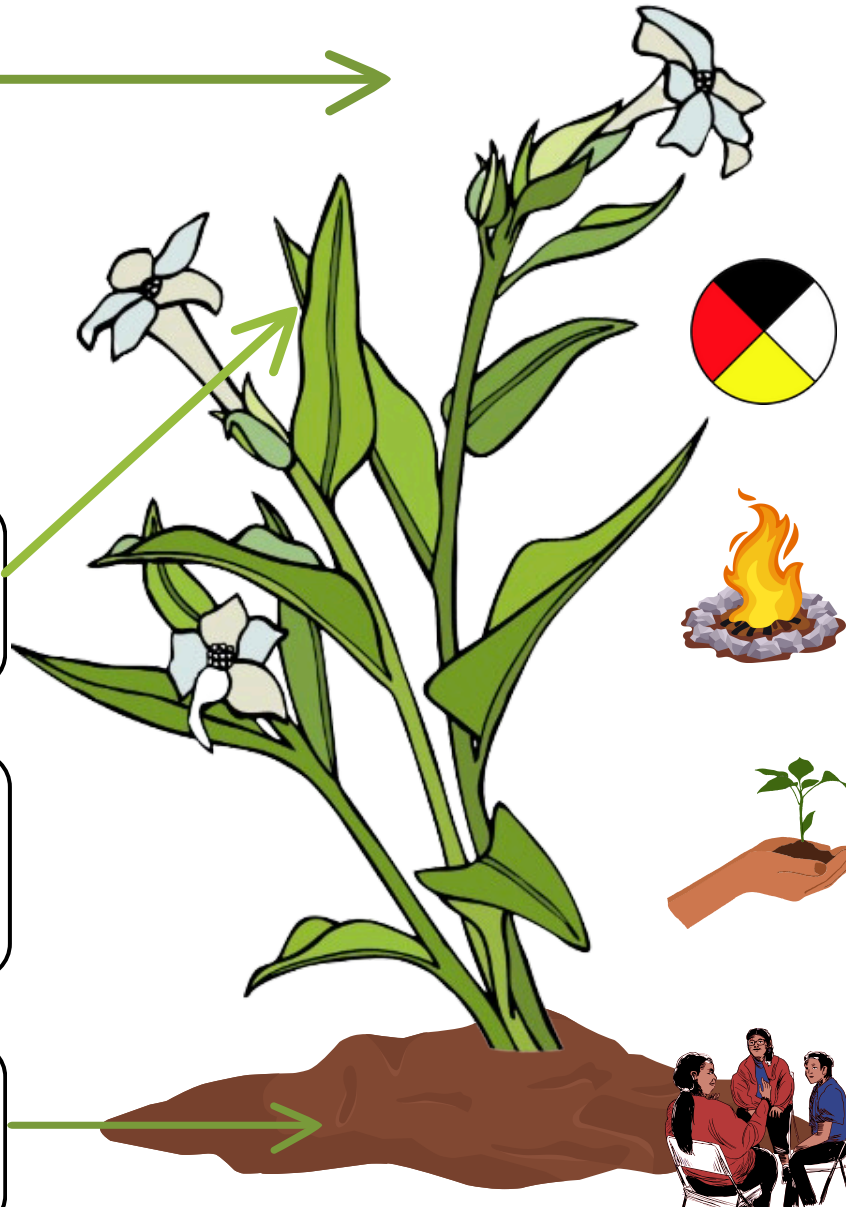
**Nicotiana
Quadrivalvis:** native
CA tobacco

7 Species: native
to CA

Nicotine: naturally
occurring in tobacco
plant

Ingredients: none
added, only naturally
occurring

Soil: native tobacco
doesn't pollute the
environment



Gift: to give thanks
& a sign of respect

Medicine: used for
physical, spiritual,
emotional well-being

Offering: to the fire or
when gathering

Sacred: used in
ceremonies

Stories: how
tobacco came to
each tribe

Keep Traditional Tobacco Sacred



...Generating and promoting the healthy mindsets of native youth through cultural practices
The Red Medicine Tobacco Prevention Project supports commercial tobacco-free Native youth
For more information, email info@native-star.org or visit www.native-star.org

Kick It California

For help with quitting commercial tobacco
Call 1-800-300-8086, visit kickitca.org
Text "Quit Smoking" or "Quit Vaping" to 66819
Download the free No Butts or No Vape mobile apps

