



**LOOKS
LIKE
TECH**

Vaping produces tiny droplets of harmful chemicals
NOT JUST HARMLESS
WATER VAPOR

Vapes contain Nicotine
One vape pod can contain as
much as 2 packs of cigarettes

Vaping is highly addictive
Extremely harmful for a teen's
developing brain



**WORKS
LIKE**

POISON



Lake County Tribal Health

Ask your provider to be referred to LCTHC Tobacco Education Program or contact the Tobacco Cessation Specialist - **(707) 263-8382** ext. 1634

KICK/IT
California

Call **1-800-300-8086** | Visit kickitca.org
Text **"Quit Smoking"** or **"Quit Vaping"** to **66819**
Download the free No Butts or No Vape mobile apps